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## CASE REPORT

- SCARS -

**HYPERTROPHIC SCARS**PCCA PRACASILTM-PLUS



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# **HYPERTROPHIC SCARS**PCCA PRACASILTM-PLUS

-----FUSION SPECIALTY PHARMACY -----

**SUMMARY:** Caucasian female in her early 30's presented with scars and stretch marks as a result of a recent pregnancy. Her incision healed into a hypertrophic scar with red pigmentation and surrounded by stretch marks.

### INTRODUCTION

Scars are areas of fibrous tissue that forms in place of normal skin after an injury. Scars and skin are both made of collagen; the difference is that scar tissue is denser and causes the skin to have reduced elasticity [1].

Hypertrophic scars form when there is an overproduction of collagen during the healing process of an injury. Hypertrophic scars are characterized by their thick, raised texture. The raised scar lies within the boundaries of the original injury. Hypertrophic scars are usually hyperpigmented and appear with a reddish color. Due to the overgrowth of new tissue, hypertrophic scars may restrict natural movement of muscles and tendons as well as reduce the flexibility of the skin [2].

Common treatments for hypertrophic scars include cosmetic surgery, steroid injections, topical steroids and antihistamines, dermabrasion, and laser therapy. Some hypertrophic scars may lessen over time without treatment, but will never truly resolve.

### **CASE REPORT**

Stephanie is an early thirty's year old female with scars and stretch marks as a result of a recent pregnancy and C-section. The incision healed into a hypertrophic scar with red pigmentation and was surrounded by stretch marks. She was prescribed the basic Fusion Scar Gel from Fusion Specialty Pharmacy. Within a few weeks, the scar began to lose its color and raised texture. By 180 days of using the scar gel, the scar had reduced in color and was flattened to the rest of the skin.







**SCAR GEL INFORMATION:** Fusion Specialty Pharmacy has developed a gel to lighten and smooth out hypertrophic scars and make them less visible.

Carbamazepine	3.0%
Diphenhydramine	2.0%
Hydrocortisone	
Pentoxifylline	0.5%
Prilocaine	
Proprietary base	QS

### CONCLUSION

The scar gel used in this case is the basic Fusion Scar Gel. Carbamazepine and Prilocaine are used to reduce sensitivity to pain and other stimuli associated with the scar. Antihistamines such as Diphenhydramine are used to decrease scar tissue growth and help minimize itching associated with the healing process [4]. Topical steroids like Hydrocortisone help with inflammation and discoloration in the scar; it also helps flatten the scar over time and reduced collagen synthesis [5]. Pentoxifylline prevents abnormal collagen synthesis during skin healing [5].

As exemplified by this case, Fusion Scar Gel contributed to the healing process of this patient's scar. In just a matter of weeks, the scar began to shrink and become more uniform with the skin. This combination of topical medications reforms the skin tissue to significantly reduce the appearance of scars.



### **REFERENCES:**

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